

## CURRICULUM VITAE

AMARESHA. A. C

PhD Scholar

Dept. of Psychiatric Social Work

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## EDUCATIONAL QUALIFICATIONS

Sl No	Course	Institution	University	Year of passing	Class obtained
1	<i>MPhil in Psychiatric Social Work</i>	NIMHANS	NIMHANS	May 2011	First Class
2	<i>MSW (Medical and Psychiatric Social Work)</i>	Lorven school of Social Sciences, Chandapura, Anekal	Bangalore University	June 2008	First Class
3	<i>B A (H.E.P)</i>	Govt First Grade College, Anekal	Bangalore University	June 2006	First Class
4	<i>PUC</i>	A.S.B. PU college, Anekal-562106	Bangalore University	June 2003	First Class

## ACADEMIC RESEARCH

Sl No	Course	Title of the Dissertation
1	<i>MPhil</i>	Psychosocial Needs of caregivers of Persons with Brain Tumour (2011)
2	<i>Ph.D</i>	Efficacy of Psychosocial Intervention with Siblings of Persons with Schizophrenia (Ongoing)

## PUBLICATIONS

### Journal Articles

1. **Amaresha, A. C.**, & Venkatasubramanian, G. (2012). Expressed Emotion in Schizophrenia: An Overview. *Indian Journal of Psychological Medicine*, 34(1), 12. Doi: 10.4103/0253-7176.96149
2. Rakesh, G., Shivakumar, V., Subramaniam, A., Nawani, H., **Amaresha, A. C.**, Narayanaswamy, J. C., & Venkatasubramanian, G. (2013). Monotherapy with tDCS for Schizophrenia: A Case Report. *Brain Stimulation*, 6(4), 708-709. Doi: <http://dx.doi.org/10.1016/j.brs.2013.01.007>
3. **Amaresha, A. C.**, Arthur, J. A. J., & Venkatasubramanian, G. (2013). Letter to the editor. *International Journal of Social Psychiatry*, 59(6), 619-620. Doi: 10.1177/0020764013491901

4. Rajasekaran, A., Shivakumar, V., Venugopal, D., Kalmady, S. V., **Amaresha, A. C.**, Agarwal, M., ... & Debnath, M. (2014). Association of HLA-G 14bp INS/DEL Polymorphism with brain morphology in Schizophrenia. *Molecular Cytogenetics*, 7(Suppl 1), P43. Doi: 10.1186/1755-8166-7-S1-P43
5. **Amaresha, A. C.**, Venkatasubramanian, G., & Muralidhar, D. Needs of Siblings of Persons with Psychosis: A Systematic Descriptive Review. *Clinical Psychopharmacology and Neuroscience*. (Accepted for publication)
6. **Amaresha, A. C.**, Danivas, V., Shivakumar, V., Agarwal, S. M., Kalmady, S. V., Narayanaswamy, J. C., Venkatasubramanian, G. Clinical Correlates of Parametric Digit-Symbol Substitution Test in Schizophrenia. *Asian Journal of Psychiatry*.(accepted for publication)

### Chapters in Books

1. Nirmala B, P. **Amaresha, A. C.** (2011). Mental Illness and Social Stigma. In N, Janardhana (Ed.), *Mental Illness and Disability: A Hand Book for Multipurpose Rehabilitation Workers*.
2. N, Janardhana. **Amaresha, A. C.** (2011). Mental Health in Karnataka: An Overview. In N, Janardhana (Ed.), *Mental Illness and Disability: A Hand Book for Multipurpose Rehabilitation Workers*.
3. Mukund, G. Vikram R, S. Muralidharan, K. N, Janardhana. **Amaresha, A. C.** (2011). Mental Health and Mental Illness. In N, Janardhana (Ed.), *Mental Illness and Disability: A Hand Book for Multipurpose Rehabilitation Workers*.

### CONFERENCE PAPER/POSTER PRESENTATIONS

1. Janakiraman, K., Muralidhar, D., Vaipei, K., Behere, R. V., Naren, P. R., Varambally, S., Venkatasubramanian, G., Gangadhar, B. N., **Amaresha, A. C.**, Angelin, A., & Varghese, M. (2009). *Effectiveness of Pre-discharge Counseling for Persons with Major Mental illness* Paper presented at the WAPR 10th World Congress- One World: Quest for Integration, NIMHANS, Bangalore, Karnataka, India.
2. **Amaresha, A. C.**, Ahmed, A., Reddy, N. K., & Hamza, A. (2011). *Psychosocial Problems of caregivers of persons with psychiatric disorders*. Paper presented at the XXIX Annual Conference of Indian Society of Professional Social Work (ISPSW), Rajagiri College of Social Sciences, Kochi, Kerala, India.
3. Participated in International Conference on Social Work and Environmental Justice-(2011), Rajagiri College of Social Sciences, Kochi, Kerala, India.
4. **Amaresha, A. C.**, Reddy, N. K., & Setty, V. K. (2011). *Strain and Coping among Caregivers of Persons with Brain Tumour*. Paper presented at the UGC Sponsored National Conference on "A Strategic Intervention for Improving the Marginalized – A Social Work Perspective", Argnar Anna Govt. Arts College, Karaikal, Pondicherry, India.
5. Setty, V. K., Kumar, S., Nirmala, B. P., & **Amaresha, A. C.** (2011). *Globalization and Community Inclusion for People with Psychiatric Disabilities* Paper presented at the International Conferences on Globalization Higher Education and Disability (ICGHED), Bangalore University, cbm, Bangalore, Karnataka, India.
6. Participated in XXX Annual Conference of Indian Society of Professional Social Work (ISPSW)- Emerging Trends in Professional Social Work: Methods & Fields of Social Work; Curriculum; Supervision; Capacity Building; EBR; Policy & Planning; Consultancy Services, (2012). Department of Psychiatric Social Work, NIMHANS, Bangalore, Karnataka, India.

7. Subramaniam, A., Shivakumar, V., Kalmady, S. V., Agarwal, S. M., **Amaresha, A. C.**, Danivas, V., . . . Venkatasubramanian, G. (2013). *Relationship between prefrontal cortex deficits and Antisaccade Errors in Antipsychotic-naïve Schizophrenia*. Poster presented at the 17th European Conference on Eye Movements, 11-16 August 2013, Lund, Sweden.
8. Reddy, N. K., & **Amaresha, A. C.** (2014). *Met and Unmet Needs of Women Caregivers of Persons with Brain Tumour: A Psychosocial Needs Assessment*. Paper presented at the XXXII Annual Conference of Indian Society of Professional Social Work (ISPSW)-Innovations in Women Empowerment: Social Work Perspective, Dept. of Social Work Karnataka State Women's University, Bijapur, Karnataka, India.
9. Rajasekaran, A., Shivakumar, V., Venugopal, D., Kalmady, S., **Amaresha, A. C.**, Agarwal, M., . . . Debnath, M. (2014, 22nd - 25th January, 2014). *Association of HLA-G 14bp INS/DEL Polymorphism with brain morphology in Schizophrenia*. Poster presented at The International Conference on Human Genetics and 39th Annual Meeting of Indian Society of Human Genetics, Ahmedabad Management Association, Ahmedabad, Gujarat, India.

## PROFESSIONAL MEMBERSHIP

Life time member of Indian Society of Professional Social Workers (Reg. No.444)

## EMPLOYMENT

- Currently Working as a Psychiatric Social Worker (Since September 2011) in Wellcome Trust-DBT India Alliance Project entitled “**Structural and Functional Connectivity of Hippocampus in Schizophrenia: Evaluation of Neuroimmunological & Neurotropic Factors Interactions using Diffusion Tensor Imaging & Functional Magnetic Resonance Imaging Studies**” at TransPsych lab, Neurobiology Research Centre, under Dr. Venkatsubramanian, Additional Professor of Psychiatry, NIMHANS, Bangalore, India.
- Worked as a Programme Co-ordinator for 3 months (June 2011 to September 2011) in a project entitled “**Developing Hand Book for Multipurpose Rehabilitation Workers on Disability & Mental Illness**” (Funded by Department of Welfare of Disabled and Senior Citizens, Govt. of Karnataka) under Dr. N. Janardhana, Assistant Professor, Dept. of Psychiatric Social Work, NIMHANS, Bangalore, India
- Worked as a Project Co-ordinator for 8 months (September 2008 to April 2009) in a project entitled “**Child Labour Eradication**” (Funded by Terre des Homes, Netherlands), KKSSS, Ashalaya, Vidya Nagar, Bangalore North, India.