

Curriculum Vitae

BOBAN JOSEPH

Chathukulam

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OBJECTIVE:

To work in an organization which can provide opportunity to hone and utilize my skills for organizational growth and self growth.

EDUCATIONAL QUALIFICATION:

M.Phil *cum* Supervised Clinical Psychiatric Social Work (62% marks) with First Class from National Institute of Mental Health and Neuro Sciences Bangalore.

Master of Social Work Specialization in **Medical and Psychiatry** (with 74% marks) from Bharathidasan University, Trichy. Tamil Nadu.

B.A History (with 58% marks) from M.G University, Kottayam, Kerala.

WORK EXPERIENCE:

1. **Residential Social Worker** in Sanjeevany Rehabilitation Centre Nedumkunnam, Kottayam, Kerala from August 2004 - July 2005.
2. Worked as **Community Social Worker** at Peejay's Child Guidance Clinic (**WHO – SEARO** Sponsored Project) Children with Learning Disabilities (6 Months).
3. As Local Area Development program **Team Leader** in Central Govt. Sponsored '**HARIYALI**' Project, Pathanamthitta District, Kerala. (One year).
4. Psychiatric Social worker in '**Santhula**' Trust **Hospital- Centre of Neuro-Behavioral Science, Cochin**, Kerala (One year).
5. Clinical and Research experience in Psychiatric Social Work as a **Trainee in M Phil /Clinical Psychiatric Social Work Programme** at Department of Psychiatric Social Work, **National Institute of Mental Health and Neuro Sciences Bangalore.**

6. **Junior Research Fellow** at Department of Biotechnology central govt. Project at Department of Psychiatry NIMHANS, Bangalore. From 6/08/12 and continueing.

Postings during M Phil Training:-

- Child & Adolescent Psychiatry
- De-Addiction
- Community Social Work(NMHP,DMHP)
- Adult Psychiatry
- Neurology
- Neurosurgery
- Psychiatric & Neuro Rehabilitation
- Family Counselling
- Behavioural Therapy

Areas handled during the postings are:

- Psychotherapy
- Psychosocial interventions
- Psychotherapeutic interventions
- Case history taking & Follow up
- Mental status examination
- Family and social assessment
- Community & Family enhancement prog.
- Case management
- Rehabilitation of the mentally ill
- Income reassessment &Disability Assessment
- Resource mobilization
- Family and agency visit
- Case presentation
- Topic presentation
- Family therapeutic interventions
- Schizophrenic clinic
- OCD clinic, Geriatric clinic
- Application Methods of Social Work
- Emergency & Casualty Services
- Legal Aid

RESEARCH EXPERIENCE:

As part of M Phil programme the following study related to Schizophrenia conducted and submitted by the candidate to the Department of Psychiatric Social Work, NIMHANS, and Bangalore.

A Comparative study on “Cohesion and Communication” among families of persons with Chronic Schizophrenia and Bipolar Mood Disorder.

AREA OF INTEREST IN RESEARCH

- Psychosocial Care for Families of Persons with Schizophrenia.
- Rehabilitation of Persons with Schizophrenia.

CONFERENCES, WORKSHOPS

Participated National Conference (30th) of Indian Society for Professional Social Workers in 2012.

Taken part in Co-ordinating Workshop on “Effective Parenting” by Department of Psychiatric Social Work, NIMHANS Bangalore on 25th and 26th November 2011.

Training Programme on GIS/GPS attended at State Institute of Rural Development, Kottarakkara, Kollam, Kerala in 2009.

Paper titled “Anxiety related to Bereavement” was Accepted for poster presentation in the 2nd National Conference on World Association for Psychosocial Rehabilitation (Indian Chapter) which held in Vadodara, Gujarat in February 2005.

EXTRA-CURRICULAR ACTIVITIES

Runner in Badminton Doubles Sports tournament at NIMHANS Deemed University, Bangalore.

COMPUTER KNOWLEDGE.

- Windows MS office

PERSONAL PROFILE:

- Father’s Name: Mr. Joseph
- Mother’s Name: Mrs. Ancy
- Age and Date of Birth: 30 Years, 09-03-1982,
- Languages Known: English, Malayalam and Hindi, Tamil, Kannada.
- Hobbies: Reading books, playing games and Listening to music.