

CURRICULUM VITAE

Personal details:

Name: **Dr Rishikesh V Behere**
Date of Birth: 21st December 1980
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Academic qualification:

- **M.B.B.S.** from J.S.S. Medical College, Mysore Karnataka affiliated to Rajiv Gandhi University of Health Sciences, Karnataka. (1998-2004)
- **M.D. in Psychiatry** from National Institute of Mental Health and Neuro Sciences (NIMHANS), Bangalore [Deemed university] (2005-2008)
- **Senior Resident** in Department of Psychiatry National Institute of Mental Health And Neuro Sciences (NIMHANS) from May 2008 till March 2011.

Current affiliation:

- **Assistant Professor, Department of Psychiatry, Kasturba Medical College, Manipal**

Awards:

- **Dr. D.S. Raju Memorial Award** for the best paper presented by Post-Graduate student at the Annual Conference of the Indian Psychiatric Society – South Zone in 2007.
- **Indian Council of Medical Research (ICMR) grant** under the financial assistance to MD/MS/DM.MCH thesis programme for MD thesis titled “Neuroanatomical correlates of clinical social and functional outcome in schizophrenia.”
- **International Young investigator award** from International Congress on Schizophrenia Research, Dallas-Texas USA at the the International Congress on Schizophrenia Research, Sandiego, USA, March 2009.
- **International Travel Support Award** from Department of Science & Technology, Government of India, February 2009.
- **Young Psychiatrist Travel award** to attend 2nd World Congress of Asian Psychiatry, at Taipei November 2009 from the Asian Federation of Psychiatric Associations.
- **Dr SS Jayaram award** for best original research paper presented at the annual national conference of the Indian Psychiatric Society South Zone IPSOCON 2009.
- **Early Career Investigator Award** from Schizophrenia Research Institute to be awarded at the 11th Biennial Australasian Schizophrenia Conference September 2010, Sydney, Australia.
- **Travel Award** from Indian Council of Medical Research to attend the 11th Biennial Australasian Schizophrenia Conference 2010, Sydney, Australia.

- **Bhagawat Award** for best research paper presented by young psychiatrist at the Annual national conference of the Indian Psychiatry Society, New Delhi, 2011.
- **Young Psychiatrist Award** for valuable clinical, academic and research contributions to Indian Psychiatry at the Annual national conference of the Indian Psychiatry Society, Kochi, 2012.

Publications in journals:

1. **Behere RV**, Venkatasubramanian G, Naveen MN, Gangadhar BN. Aripiprazole-induced hyponatremia: a case report. *J Clin Psychiatry*. 2007 Apr; 68(4):640-1
2. **Behere RV**, Muralidharan K, Benegal VB. Complementary and Alternative Medicine in the Treatment of Substance Use Disorders – A Review of the Evidence. *Drug and Alcohol Review*. 2008; 28:292-300.
3. **Behere RV**, Raghunandan VNGP, Venkatasubramanian G, Subbakrishna DK, Jayakumar PN, Gangadhar BN. TRENDS: a Tool for Recognition of Emotions in Neuropsychiatric Disorders. *Indian Journal of Psychological Medicine*. 2008;30(1):32-38
4. **Behere RV**, Venkatasubramanian G, Arasappa R, Reddy N, Gangadhar BN. Effect of Risperidone on emotion recognition deficits in antipsychotic naïve schizophrenia: a short term follow up study. *Schizophrenia Research*. 2009; 113(1): 72-76.
5. **Behere RV**, D Anjith, Rao NP, Venkatasubramanian G, Gangadhar BN. Olanzapine induced clinical seizure: a case report. *Clinical Neuropharmacology*. 2009; 32(5):297-298.
6. **Behere RV**, Rao NP, Venkatasubramanian G. Biological Investigations in Psychiatry: a selective overview. *Indian Journal of Psychiatry*. 2010; Suppl (1):S136-138.
7. **Behere RV**, Kalmady S, Venkatasubramanian G, Gangadhar BN. Orbitofrontal cortex volume deficits in antipsychotic naïve schizophrenia: A 3 tesla MRI study. *Indian Journal of Psychological Medicine*. 2010; 31(2): 77-81.
8. Danivas V, Kalmady S, Arasappa R, **Behere RV**, Rao NP, Venkatasubramanian G, Gangadhar BN. Inferior parietal lobule volume and schneiderian first-rank symptoms in Antipsychotic-Naive schizophrenia: A 3-Tesla MRI study. 2010;31: 82-87.
9. **Behere RV**, Arasappa R, Jagannatha A, Varambally SV, Venkatasubramanian G, Thirthalli J, Subbakrishna DK, Nagendra HR, Gangadhar BN. Effect of Yoga Therapy on Facial Emotion Recognition Deficits, Symptoms and Functioning in Patients with Schizophrenia. *Acta Psychiatrica Scandinavia*. 2011; 123(2):147-53.
10. **Behere RV**, Venkatasubramanian G, Arasappa R, Reddy N, Gangadhar BN. Schneiderian first rank symptoms and facial emotion recognition deficits in antipsychotic naïve schizophrenia: implications for social threat perception model. *Progress Neuropsychopharmacology and biological psychiatry*. 2011;35(7):1653-8.
11. **Behere RV**, John M, Sureshkumar R, Varambally S, Rao NP, Venkatasubramanian G, Gangadhar BN. Mood disorder in association with Moya Moya disease. *Psychiatry and Clinical Neurosciences*. 2012;66(2):163-4.
12. Bharadwaj B, Arasappa R, **Behere RV**, Venkatasubramanian G, Jayakumar PN, Gangadhar BN. Emotion Recognition deficits in antipsychotic naïve schizophrenia. *Indian Journal of Psychological Medicine*. 2008; 30(2):90-97.
13. Venkatasubramanian G, Rao NP, **Behere RV**. Neuroanatomical, Neurochemical, and Neurodevelopmental Basis of Obsessive-Compulsive Symptoms in Schizophrenia. *Indian Journal of Psychological Medicine*. 2009; 31(1):3-10.

14. Divakaran A, Rao NP, Venkatasubramanian G, Behere RV, Varambally S, Gangadhar BN. Chlorpromazine induced cataract in a young patient with schizophrenia. *Indian J Psychol Med.* 2010;32(1):69-70.
15. Rao NP, DanivSa V, Venkatasubramanian G, **Behere RV**, Gangadhar BN. Comorbid Bipolar Disorder and Usher Syndrome. *Primary Care Companion to Journal of Clinical Psychiatry.* 2010; 12:2.
16. Venkatasubramanian G, Arasappa R, Rao NP, **Behere RV**. Adjuvant metformin worsens psychosis in schizophrenia: a case report. *Primary Care Companion to Journal of Clinical Psychiatry.* 2010; 12:2.
17. Venkatasubramanian G, Arasappa R, Rao NP, **Behere RV**, Kalmady S, Gangadhar BN. Inverse relationship between serum high density lipoprotein and negative syndrome in antipsychotic-naïve schizophrenia. *Clin Chem Lab Med.* 2010;48(1):95-8.
18. Danivas V, **Behere RV**, Varambally S, Rao NP, Venkatasubramanian G, Gangadhar BN. ECT in Treatment of Delirious Mania: A Report of 2 Cases *Journal of ECT.* 2010; 26(4):278-9.
19. Rao NP, Venkatasubramanian G, Korpade V, **Behere RV**, Varambally S, Gangadhar BN. Treatment of Polydipsia and Hyponatremia in Schizophrenia with Risperidone: A Case Report. *Turkish Journal of Psychiatry.* 2010; (In Press)
20. Sharma E, Rao NP, Venkatasubramanian G, **Behere RV**, Varambally S, Gangadhar BN. Successful treatment of co-morbid schizophrenia and Multiple Sclerosis. *Asian Journal of Psychiatry.* 2010;3:235-236.
21. Sharma E, Rao NP, Venkatasubramanian G, **Behere RV**, Varambally S, Sivakumar PT, Gangadhar BN. Relation between weight gain and clinical improvement: Is there a metabolic threshold for second generation antipsychotics? *Psychiatry Research.* 2011; 186(1):155.
22. Rakesh G, Rao NP, Venkatasubramanian G, **Behere RV**, Varambally S, Gangadhar BN. Treatment of depressive symptoms in late onset schizophrenia with phytoestrogens: a case report. *Primary care companion to Journal of clinical psychiatry.* 2011; 13:3.
23. Rao NP, Antony A, Raveendranathan D, Venkatasubramanian G, **Behere RV**, Varambally SS, Gangadhar BN. Successful Use of Maintenance Electroconvulsive Therapy in the Treatment of Clozapine-Associated Obsessive-Compulsive Symptoms in Schizophrenia: A Case Report. *J ECT.* 2011; 27:e37-8.
24. Vinay HR, Keerthi Sundar GS, **Behere RV**, Arasappa R, Rao NP, Venkatasubramanian G, Sivakumar PT, Gangadhar BN. Effect of Risperidone on metabolic Parameters in antipsychotic naïve schizophrenia: A prospective one year follow up study. *Asian Journal of Psychiatry.* 2011;4:73-74.
25. Duraiswamy K, Rao NP, Venkatasubramanian G, **Behere RV**, Varambally S, Gangadhar BN. Psychogenic Polydipsia in Bipolar Affective Disorder- A Case Report. *General Hospital Psychiatry.* 2011; 33:e9-10.
26. Jayaram N, Rao NP, Venkatasubramanian G, **Behere RV**, Varambally S, Gangadhar BN. Successful use of Aripiprazole in delusional disorder with co-morbid pituitary microadenoma. *Psychosomatics.* 2011; 52:395-397.
27. Devi S, **Behere RV**, Varambally S, Rao NP, Venkatasubramanian G, Gangadhar BN. Physical Deformity As Sequela Of Chronic Catatonia And Response To Electroconvulsive Therapy : A Case Report. *J ECT.* 2011; 27:e49.
28. Agarwal SM, **Behere RV**, Venkatasubramanian G, Rao NP, Varambally S, Gangadhar BN. Successful treatment of comorbid obesity and PCOD with add-on metformin in bipolar disorder. *Primary Care Companion to CNS Disorders.* 2011; 13:5.

29. Rao NP, Mutalik NR, Kasal V, Venkatasubramanian G, **Behere RV**, Varambally S, Gangadhar BN. Monocyte abnormality in catatonia: revisiting the immune theory of catatonia. J ECT. 2011; 27:e53.
30. Kalyani BG, Venkatasubramanian G, Arasappa R, Rao NP, Kalmady SV, **Behere RV**, Rao H, Vasudev MK, Gangadhar BN. Neuro-hemodynamic Correlates of Om Chanting: A Pilot fMRI Study. International Journal of Yoga. 2011; 4:3-6.
31. Agarwal SM, Agarwal SM, Rao NP, Jhamnani K, Venkatasubramanian G, **Behere RV**, Varambally S, Gangadhar BN. Prolactin-a biomarker for antipsychotic treatment response? Prim Care Companion CNS Disord. 2011; 13(4).
32. Saraf G, **Behere RV**, Venkatasubramanian G, Rao NP, Varambally S, Gangadhar BN. Hyperprolactinemia with aripiprazole: Understanding the paradox. American Journal of Therapeutics. 2012 (In Press).
33. Jayaram N, Rao NP, Venkatasubramanian G, Sanmuganathan S, **Behere RV**, Varambally S, Gangadhar BN. Acyclovir in bipolar disorder: a mismatched combination? Indian J Psychol Med. 2011; 33(2):208-9.
34. Rao NP, Kasal V, Mutalik NR, **Behere RV**, Venkatasubramanian G, Varambally S, Gangadhar BN. Has Kahlbaum syndrome disappeared or is it underdiagnosed? Reexamining the nosology of catatonia. J ECT. 2012; 28(1):62-3.
35. Praharaj SK, Acharya M, Sarvanan A, Kongasseri S, **Behere RV**, Sharma PS. Mania Associated with Usher Syndrome Type II. Turkish journal of psychiatry. 2012; 23(3):219-21.
36. Agarwal SM, Rao NP, Venkatasubramanian G, **Behere RV**, Varambally S, Gangadhar BN. Successful treatment of atypical depression with amisulpride: A case report. Asian J Psychiatr. 2012 Dec;5(4):362

Chapters in books:

1. Venkatasubramanian G, Rao NP, **Behere RV**. Neuroimaging in Psychiatry. Chapter in Handbook of Psychiatry: A South Asian Perspective (2nd edition), 2009.
2. **Behere RV**, BN Gangadhar. Metabolic issues in psychiatry: Clinical tips for psychiatrists. Chapter in Psychiatry update 2nd edition 2010, published by Assam state branch of Indian Psychiatric Society.

Funded Research Projects:

- Research project titled “Diagnostic utility, endophenotypic validity and clinical correlates of facial emotion recognition deficits in schizophrenia versus bipolar disorder” funded by Department of Science and technology under Cognitive Science Research Initiative (DST/CSI-32/2011).