
Eesha Sharma

Room No. 314, Kabini Hostel Complex,
National Institute of Mental Health and Neurosciences, Bangaluru – 560029, India.
+91-96-209-53835; +91-94-808-29755
eesha.250@gmail.com

EDUCATION

MBBS Chhatrapati Shahuji Maharaj Medical University (CSMMU), Lucknow, India
(2003 – 2009).

MD National Institute of Mental Health and Neurosciences, Bangaluru, India
Psychiatry, (2009 – 2012)

POST-DOCTORAL FELLOWSHIP Obsessive compulsive disorder and related disorders, NIMHANS, Bengaluru
2012 (A 1-year programme)

AWARDS

M C Michael Gold Medal, CSMMU, Lucknow 2003-2004
Awarded to candidate with highest aggregate marks in Anatomy.

Smt. Vedvati Shukla Gold Medal, CSMMU, Lucknow 2003-2004
Awarded to the best girl candidate in Physiology.

Certificate of Honour and Silver Medal in Physiology, CSMMU, Lucknow 2003-2004

Indian Council of Medical Research Short-term Studentship 2004
Correlation between body mass index, waist hip ration and spirometric indices

Certificate of Honour in Otorhinolaryngology, CSMMU, Lucknow 2006-2007

Certificate of Honour in Paediatrics, CSMMU, Lucknow 2008-2009

WFSBP Travel Grant for the 10th World Congress of Biological Psychiatry, 2011
Prague, Czech Republic.

Best Outgoing Student – MD Psychiatry, NIMHANS, Bengaluru 2012
(Certificate Awaited)

PUBLICATIONS

1. Sharma E, Rao NP, Venkatasubramanian G, Behere RV, Varambally S, Gangadhar BN.
"Successful treatment of co-morbid schizophrenia and multiple sclerosis". Asian Journal of
Psychiatry, 2010 Dec.

2. Sharma E, Rao NP, Venkatasubramanian G, Behere RV, Varambally S, Sivakumar PT,
Gangadhar BN. "Relation between weight gain and clinical improvement: Is there a metabolic
threshold for second generation antipsychotics?," Psychiatry Research, 2011 Mar 30.

...contd...

3. Raveendranathan D, Shiva L, Sharma E, Venkatasubramanian G, Rao MG, Varambally S, Gangadhar BN. "Obsessive compulsive disorder masquerading as psychosis". Indian Journal of Psychological Medicine, 2012 Apr.

4. Jose SP, Sharma E, Narayanswamy JC, Rajendran V, Kalmady SV, Rao NP, Venkatasubramanian G, Gangadhar BN. "Entorhinal cortex volume in antipsychotic-naïve schizophrenia". Indian Journal of Psychological Medicine. 2012 Apr.

5. Raveendranathan D, Sharma E, Venkatasubramanian G, Rao MG, Varambally S, Gangadhar BN. "Late-onset Clozapine-induced agranulocytosis in a patient with comorbid multiple sclerosis". General Hospital Psychiatry, 2012 Aug.

ARTICLES UNDER REVIEW

Sharma E, Rao NP, Venkatasubramanian G. "Association between antipsychotic-induced metabolic side-effects and clinical improvement: A review on the evidence for 'metabolic threshold' ".

Sharma E, Venkatasubramanian G, Varambally S, Sivakumar PT, Subbakrishna DK, Gangadhar BN. "Antipsychotic-induced metabolic changes and treatment response: A prospective study".

MD THESIS

Completed under the guidance of Dr. G Venkatasubramanian, Associate Professor, Department of Psychiatry, NIMHANS, Bengaluru.

"Association between clinical improvement and metabolic abnormalities with antipsychotics"

WORK IN PROGRESS

Antipsychotic induced changes in appetite and treatment response – a review of literature and prospective examination.

Meta-analysis on the long term outcome of Obsessive compulsive disorder in adult patients.

PRESENTATIONS

19th annual conference of the Indian Psychiatric Society's Karnataka Branch (KANCIPS), September 2009

Relation between Weight Gain and Clinical Improvement: Is there a Metabolic Threshold for Second Generation Antipsychotics?

NIMRCPSYCON, March 2010

A joint Conference of the National Institute of Mental Health and Neurosciences, India and Royal College of Psychiatrists, United Kingdom

"Antipsychotic-induced metabolic side-effects, May be the 'Red Queen'!"

10th World Congress of Biological Psychiatry, Prague, Czech Republic, May-June 2011
Organised by the World Federation of Societies of Biological Psychiatry.

"Entorhinal cortex volume in Antipsychotic-naïve schizophrenia"

PROFESSIONAL AFFILIATIONS

Asian Journal of Psychiatry
Manuscript Reviewer

INTERESTS

Obsessive compulsive disorder and related disorders
Metabolic side-effects of antipsychotics
Etiological models of psychopathology
Neuropsychiatry
Child psychiatry – pervasive developmental disorders

REFERENCES

Dr. G. Venkatasubramanian MD,
Associate Professor of Psychiatry
National Institute of Mental Health and Neurosciences, India.
PH: +91-94-808-29476

Dr. B.N. Gangadhar MD,
Professor of Psychiatry
National Institute of Mental Health and Neurosciences, India.
PH: +91-080-26995260

Dr. Y.C. Janardhan Reddy DPM, MD,
Professor of Psychiatry
National Institute of Mental Health and Neurosciences, India.
PH: +91-94-808-29472